

MARDI HIMAL TREK

Trip's Summary

Mardi Himal Trek is a short trek in the Annapurna region, offering stunningly up-close mountain views, deep valleys, and alluring Himalayan sunrise. Ideal for beginners and time-bound trekkers, the Mardi trek presents an ultimate blend of adventure and comfort. During the 7 days of the trek, you hike through beautiful villages, cultivated lands, thick forests, and steep, desolate hills to reach the Mardi Himal Base Camp at the height of 4500 meters. This newly established and unexplored trekking route was only opened for trekking in 2012. Isolate trail with the most amazing vistas? Sounds perfect to us!

Why you'll love this trip?

- A short yet incredible trek taking you to the elevation of 4500 meters
- Enjoy the beautiful city of lakes, Pokhara, before and after the trek
- Hike through tiny human settlements, deep forests, and rocky, barren hills
- Explore the less-traveled trekking trail of the Annapurna region
- Watch the gorgeous Himalayan sunrise from Mardi Himal Viewpoint
- Stand at the Mardi Himal Base Camp with wonderful up-close mountain views
- Immerse to Gurung cultures

ITINERARY :

DAY 1 : KATHMANDU

Namaste! Welcome to Nepal. Your adventure begins with a welcome meeting at 5pm in Kathmandu, the colourful capital of Nepal. This place is a fascinating blend of traditional architecture and symbols of the 20th century. Its rich artistic and cultural heritage is evident where ornately carved balconies mingle with beautiful shrines and temples. If you arrive early, why not check out Durbar Square with its temples, markets and busy atmosphere. It is also worth the climb to visit the Swayambhunath – the 'monkey temple'. Explore the network of street markets and alley bazaars and Pashupatinath. For those with a few extra days in Kathmandu, the neighbouring towns of Patan and Bhaktapur are also well worth a visit.

Accommodation

- Hotel (1 night)

Meals

There are no meals included on this day.

Special information

It's very important that you attend the welcome meeting. Ask reception for more information on where the meeting will take place.

With climate change the weather on the Annapurna Circuit is becoming less predictable, and heavy rains on occasions causes significant damage to the trail even outside of rainy season. Should this occur, and conditions make trekking the circuit unsafe, we will switch to the Annapurna Base Camp itinerary instead. A flight from Pokhara back to Kathmandu on Day 7 will also be included. See for further details: www.marigoldadventuretreks.com

DAY 2 : POKHARA

Late morning we head to the Kathmandu airport and fly west to Pokhara.

The 25-minute flight offers views of the Himalaya range to the north (on a clear day). Be sure to have your camera ready to snap the glory of the surrounding Himalayan peaks in the morning light.

Pokhara is set in a beautiful valley overlooked by the Annapurnas and the fishtail-shaped Machhapuchhare, one of the most distinctive of the Himalayan peaks. Arriving in Pokhara take a short orientation walk before heading to a Tibetan Refugee Camp ,Devil's fall,gupteshwori cave,stupa...

Accommodation

- Hotel (1 night)

Meals

- Breakfast

Included activities

- Pokhara - Orientation Walk
- Stupa visit-Pokhara
- Devil's Fall,gupteshwori cave -Pokhara
- Pokhara - Tibetan Refuge Camp

DAY 3 : KANDE-AUSTRALIAN CAMP-PITAM DEURALI (2150m / 8470ft)

After enjoying a delicious breakfast at the hotel in Pokhara, we take a short 2-hour drive to Kande, where the hike starts. We get out of the vehicle, stretch our legs, and begin to walk. Along the route, we will pass by villages, terraced fields, and stone steps.

We will hike for an hour uphill to the Australian Camp (2060 m). After a delicious lunch at a teahouse at the Australian Camp and a breathtaking mountain view, we continue to walk towards Pothana and finally to Pitam Deurali, where we have dinner and spend our first night in a mountain.

Accommodation

- Teahouse (1 night)

Meals

Breakfast

Special information

- Max. Altitude: 1250m/8470ft
- Elevation Gain: 1050m/36,22ft
- Accommodation: Mountain Lodge

DAY 4 : LOW CAMP (3050m /10335ft)

We begin our hike after breakfast at the lodge we stayed in. The path goes through the shades of a lush forest dotted with rhododendron trees until we reach Forest Camp at 2600 m. We have our lunch at Forest Camp and take some time to relax and stretch our muscles before continuing to hike again.

After a couple of hours of hiking from Forest Camp, we reach Low Camp at 3000 meters. The breathtaking views of Mt. Machapuchhre (Mt. Fishtail) along the route will compensate for your weariness from the walk. Take some time to admire the scenery and snap some photos. With an even greater view of Mt. Machhapuchre, you'll spend the night at a lovely teahouse in Low Camp.

Accommodation

- Teahouse (1 night)

Meals

There are no meals included on this day.

Special information

- Max. Altitude: 3050m/10,335ft
- Elevation Gain: 1500m/4920ft
- Accommodation: Mountain Lodge

DAY 5 : HIGH CAMP (3500m /12140ft)

We wake up to the golden dawn with sun rays casting over Mt. Machhapuchhre. After enjoying a sumptuous breakfast in the warm sunshine, we set out for the third day of the hike. Taking in close-up views of Annapurna South and Hiunchuli, we ascend the arduous stone-carved steps to Badal Danda, located at 3210 meters. The English translation of Badal Danda is "cloudy hill." Its name justifies the location, as clouds always blanket the hilltop in the afternoons and evenings.

The route from Badal Danda to High Camp (3580 m) is steeper and primarily through grasslands. At this point, the trek becomes thrilling and exciting due to the views of the Himalayas above and the deep gorge below. Although today's hike is brief, it's challenging because we climb 600 meters in only 3–4 hours.

After reaching High Camp, we eat lunch, settle into our rooms at the teahouse and explore the area. Or you can just hang out with fellow hikers at the lodge. Evenings can be chilly, so eating dinner at a

common dining hall in front of a fire is a great way to stay warm. We go to bed early after dinner in preparation for the following day's early-morning hike.

Accommodation

- Teahouse (1 night)

Meals

There are no meals included on this day.

Special information

- Max. Altitude: 3500m/12,140ft
- Elevation Gain: 550m/1,804ft
- Accommodation: Mountain Lodge

DAY 6 : MARDI BASE CAMP(4500m) – FOREST CAMP (2550m)

Finally, the time has come to approach the mountains up close and take in the breathtaking vistas of the Annapurna range. We reach our destination Mardi Himal Base Camp (4500 m), today.

We get up early and start the 2 hours trek to Mardi Himal View Point. Your jaw will drop as you see an incredible sunrise illuminate the nearby snow-capped mountain peaks, such as Mardi Himal (5587m), Annapurna I (8091m), Annapurna South (7219m), Hiunchuli (6441m), Baraha Shikhar (Mt. Fang) (7647m), Tent Peak (5695m), Singhachuli (6501m), Machapuchhre (6993m), and many more.

After witnessing the Himalayan sunrise, we trek over a ridge to Upper Viewpoint and then to Mardi Himal Base Camp. The mountains appear so close to you from the base camp. The view of the ravine below is as captivating as the mountain scenery from MHBC. It takes about 4-5 hours to hike from High Camp to Mardi Himal Base Camp, and the return trek takes about 3-4 hours.

After a satisfying meal, we leave High Camp with all our belongings and hike down to Badal Danda, Low Camp Too Forest Camp, where we stay for the remainder of the day and night.

Accommodation

- Teahouse (1 night)

Meals

There are no meals included on this day.

Special information

- Max. Altitude: 4500m/14,765ft
- Elevation Gain: 800m/2,625ft
- Elevation Loss: 3250m/10,660ft

- Accommodation: Mountain Lodge

DAY 7 : LWANG VILLAGE (1650m)

We begin our hike after breakfast at the lodge we stayed in. The path goes through the shades of a lush forest dotted with rhododendron trees until we reach G to Lwang.

Lwang Village lies in pleasant perspective on Machhapuchhre Himalayas which fall under the Annapurna Conservation Area Project (ACAP) Situated at a height of 1460m . Lwang is acclaimed for natural Himalayan Tea Farming and lies 20km North-West from Pokhara. This Gurung Village additionally the beginning stage of Mardi Himal Trekking course (The Hidden Paradise) The Major control of town are Tourism (Homestay), Military Service, Overseas work, Organic Tea Factory and Agriculture.

Lwang Village is well known in Community Based Homestay where each Household mother assemble in one house and cook Typical Nepali Food and serve Tourist. Visitor have extraordinary chance to encounter Gurung Culture and Tradition. Traveler are permitted to remain in regular little stone rooftop house with clean path and encompassing. Visitor are presented with Typical Nepali Food (Dal, Bhat and Organic Vegetable) , Local Chicken , Local Alcohol (Raksi) , Cultural Program and Show. Homestay in Lwang can be exceptional with the location of Pokhara Valley , Organic Tea Farm with perspective on Machhapuchhre Himal.

Accommodation

- Teahouse (1 night)

Meals

There are no meals included on this day.

Special information

- Max. Altitude: 1650m/6765ft
- Elevation Loss: 850m/80,60ft
- Accommodation: Mountain Lodge,Home Stay.

DAY 8 : POKHARA

Early Morning wake up than go top green tea garden with a mountains views,than back to hotel ,have a breakfast.start trek to Khoramukh,thank back to Pokhara by private vehicle.

Accommodation

- Hotel (1 night)

Meals

There are no meals included on this day.

Special information

Trekking hours 1:30min and Driving Hours,2 hours.

DAY 9 : DEPARTURE

The trip ends today, and you are free to depart at any time after check out. If you plan on spending more time in Kathmandu, let your booking agent know and they can organise more accommodation for you (subject to availability).

Meals

There are no meals included on this day.

Trip Details

Price

\$700usd (twin share)

Trip length

- 9days 8 nights
- Trip starts from Kathmandu and finishes in Pokhara, Nepal.

Meeting point

Kathmandu, Nepal

Departure point

Pokhara, Nepal

Group size

Maximum 12

Included

- 2 breakfasts
- 8 nights Accommodation in hotels, guesthouses and trekking lodges/teahouses
- Wilderness first aid qualified guide
- Driver, guide,Porter & luggage transport
- 1 x domestic flight(ktm –pkr)
- Acap & tims permits.
- Transportations.

Not included

- International flights

- Travel insurance (compulsory)
- Any visas required
- Late check-out at hotels
- Meals and drinks not mentioned in the itinerary
- Drinks with included lunches and dinners
- Tip kitty
- Personal expenditure
- Hiking equipment
- Pre or post-trip accommodation